



Psalm 1:1–6

¹Blessed is the man That walketh not in the counsel of the ungodly, Nor standeth in the way of sinners, Nor sitteth in the seat of the scornful.

²But his delight is in the law of the Lord; And in his law doth he meditate day and night.

³And he shall be like a tree planted by the rivers of water, That bringeth forth his fruit in his season; His leaf also shall not wither; And whatsoever he doeth shall prosper.

⁴The ungodly are not so: But are like the chaff which the wind driveth away.

⁵Therefore the ungodly shall not stand in the judgment, Nor sinners in the congregation of the righteous.

⁶For the Lord knoweth the way of the righteous: But the way of the ungodly shall perish.

SERMON NOTES

How to be Happy and Blessed in Life | Psalm 1

Main idea: Life presents two paths: one leads to flourishing in Christ through obedience and meditation on God's Word, and the other leads to destruction for those who reject Him.

1. Separate From the Wicked

A. Their _____ [vs. 1]

Don't follow the advice, purposes, or schemes of those who have _____
God's righteous commands and chosen to live according to their own sinful purposes.

Who are the three people you let influence your life most? Are they pointing you toward God or away?

B. Their _____ Way

The phrase "stand in the way" conveys the idea of staying a while, stopping to look and listen, and hanging around or hanging out with. [Matt. 6:24]

The sinner rebelliously lives outside of God's limits and _____ transgresses against God's law.

C. Their _____

The scornful make light of God's laws and ridicule that which is sacred. Scorners mock everything that is holy. They have no respect for God and His Word.

2. Be Devoted to God's Word [vss. 2–3]

A. Love It and Take Great _____ In It

Loving God's Word consists of far more than just reading it, listening to it, and studying it. It also includes _____ it. [Jm. 1:22-25]

B. Meditate on It _____

To meditate means "to think over something by _____ to oneself." Carefully and continually pondering and weighing the Scriptures.

C. The Result

The person who delights in God's Word and walks with Him doesn't just survive—they _____.

Fruit _____ others. A tree never eats its own apples. A fruitful life nourishes the spiritually hungry around them and carries seeds that multiply.

The [instruction] of the Lord is the daily bread of the true believer - C.H Spurgeon